

Referring a veteran, **step by step.**

James Murphy · Accredited Exercise Physiologist & Remedial Massage Therapist · Griffith, Canberra

This sheet covers everything needed to refer a DVA Gold or White Card holder for exercise physiology. Services are billed directly to DVA. There is no cost to the veteran.

The referral.

- **Form:** a D904 referral form (or an equivalent valid GP referral) is required before the first appointment. My provider details are pre-filled on page 2 of this pack.
- **Gold Card:** may be referred for exercise physiology for any condition where it is clinically necessary.
- **White Card:** may be referred for their DVA-accepted conditions. If unsure whether a condition is accepted, the veteran can confirm with DVA on 1800 838 372.
- **Validity:** a referral covers a treatment cycle of up to 12 sessions or 12 months, whichever comes first. A new referral is needed for a further cycle.

What I provide.

- **Assessment and prescription:** an initial assessment followed by an individualised, clinically dosed exercise program, adjusted session by session. Hands-on remedial massage treatment is integrated where clinically indicated.
- **End-of-cycle report:** at the end of each treatment cycle you receive a written report covering progress against goals, objective measures and my recommendation on further care.
- **Common referrals:** chronic musculoskeletal pain, PTSD and mental health, cardiovascular and metabolic conditions, falls and balance, deconditioning and return to activity.

Common questions.

- **Does the veteran pay anything?** No. Exercise physiology under a valid DVA referral is billed directly to DVA with no gap.
- **How quickly are they seen?** Typically within one week. Veterans can book the appointment before the D904 arrives; I simply need the referral by the first session.

FOR YOUR D904 FORM

Provider details, **pre-filled.**

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Copy the details below into the "referred to" section of the D904, or attach this page to the referral. Everything except the patient details is complete.

PROVIDER NAME

James Murphy

PROFESSION

Exercise Physiologist (Accredited Exercise Physiologist, ESSA 29912)

PRACTICE NAME

Fitness & Wellbeing Physiology

PRACTICE ADDRESS

40/42 Franklin St, Griffith ACT 2603 (inside Fitness Grand, first floor)

PHONE

0418 153 608

EMAIL

admin@fwphysiology.com

MEDICARE / DVA PROVIDER NUMBER

6561894X

Sending the referral.

Email the completed D904 to admin@fwphysiology.com, or give it to the veteran to bring to their first appointment. If anything on the form needs clarifying, call me directly on 0418 153 608.